

SAFETY STATEMENT

"Participants in Club walks take part at their own risk and the Club accepts no responsibility for any injury arising during or because of Club activities.

Cork Mountaineering Club along with Mountaineering Ireland recognises that climbing and mountaineering (including Way-walking, Hill Walking, Rambling, Scrambling etc) are activities with a risk of personal injury or death.

Participants should be aware of and accept these dangers and be responsible for their own actions and involvement.

If you invite a friend, please remember that you are responsible for them."

Clarification: being responsible for your friend means that you must ensure that s/he is appropriately dressed and equipped, and you must be capable of leading him/ her down safely off the mountain if s/he needs to leave the walk.