



Cork Mountaineering Club 1975 – 2018
Cumann Sléibhteoireachta Chorcaí
Summer Programme 2018

APRIL 2018

Sunday 29th **Club Open Day, Kings Yard** Tea, coffee and home baking followed by various walks:
Galtymore, Long mountain walk, fast paced
Monabrack, Shorter mountain walk, easy paced
Glounreagh Valley, Heritage Walk,. Geology and human history of the Galtees
Attychraan river, Nature Walk, path to waterfall
Kilcoran Lodge, Welcome Space and early evening meal

MAY 2018

Sunday 6th **Mangerton, Circuit of Gleann na gCapall**, Grade 3 Walk. Map 78 & 79
Wednes 9th **Ballycotton Cliffs, Evening Walk**, Grade 1, Map 81
Sunday 13th **Duhallow Way (Mushera Area)**, Grade 1. Map 79
Saturday 19th **Mountain Meitheal Southeast** Kilbehenny Community Centre. Work Day. Bring Gardening Gloves! Map 74.
Sunday 20th **Western Knockmealdowns**, Grade 2. Map 74
Wednes 23rd **Ladysbridge Loop, Evening Walk**, Grade 1. Map 81
Sunday 27th **Circuit of Nire Valley**, Grade 3. Map 75
Sunday 27th **Scillogue Lakes**, Grade 1 Map 75

JUNE 2018

Sunday 3rd **Gullaba Hill Circuit**, Grade 2. Map 79
Wednes 6th **The Gearagh**, Evening Walk, Grade 1. Map 79
Sunday 10th **Drung Hill**, Grade 2. Map 78
Sunday 10th **Seefin Circuit**, Grade 1. Map 83
Sunday 17th **Muirsiore Mor**, Grade 1/2. Map 79
Sunday 17th **Mountain Meitheal Southeast** Kilbehenny Community Centre. Work Day. Bring Gardening Gloves! Map 74.
Wednes 20th **The Paps**, Midsummer Evening Walk, Grade 2 (mountain). Map 79.
Wednes 20th **The Paps**, Midsummer Evening Walk, Grade 1 (track). Map 79.

23rd-27th June **Lake District, Club Trip Away, 5 days.**

Sunday 24th **Western Galtees**, Grade 3. Map 74.

Sunday 24th **Lisvarrinane Loop**, Grade 1. Map 74.

JULY 2018

Sunday 1st **Coumloughra Horseshoe**, Grade 3, Map 78

Wednes 4th **Crosshaven Cliffs**, Evening Walk, Grade 1. Map 81

Sunday 8th **Knocknafallia**, Grade 1/2, Map 75.

Sunday 15th **Eastern Reeks**, Grade 3, Map 78.

Saturday 21st **Mountain Meitheal Southeast** Kilbehenny Community Centre. Work Day. Bring Gardening Gloves! Map 74

Sunday 22nd **Gougane Barra Horseshoe**, Grade 2, Map 85.

Sunday 22nd **Sli Gaeltacht Mhuscraí go Gougane**, Grade 1, Map 85.

Sunday 29th **Derrymore Glen/ Baurtragaum**, Grade 3. Map 71

August 2018

Wednes 1st **Charles Fort, Evening Walk**, Grade 1, Map 87.

Club Contacts:

President: Brendan o Riordan, 089 4495925

Secretary: corkmountaineeringclub@gmail.com